What To Bring



Overnight Projects with Wildlands Restoration Volunteers

Use this checklist to pack for your upcoming overnight event. WRV provides breakfast & dinner, unless otherwise noted. You are responsible for bringing lunch & snacks. Loanable gear is noted below. Contact your WRV Staff Liaison or our office at <u>info@wlrv.org</u> or (303) 543-1411 x1 at least one week prior to the event if you need to borrow any equipment.

Required Daytime Items

Hiking boots or sturdy close-toed shoes Long work pants & shirt (avoid cotton) 1-2 liters of drinking water Lunch & snacks Sunscreen Sunglasses (or eye protection) and sun hat Layers & rain gear Small backpack to carry it all

Overnight Camping Items

Sleeping bag & sleeping pad (loanable) Tent & groundsheet (loanable) Headlamp or small flashlight Plate or bowl, mug & utensils Extra clothes & shoes for around camp Toothbrush, toothpaste, personal toiletries

Optional Items

Medications, hand sanitizer & First Aid kit Work gloves (or we'll loan you a pair) Insect repellent Camp chair

Additional Backcountry Camping Items

If your project is identified as requiring a hike into a backcountry basecamp instead of "car camping," please read your project details carefully. Extra items may include:

Backpacking pack to carry everything (*loanable*) Personal stuff sack to store all food & smelly items

(bear storage provided by WRV, but feel free to bring a bear bag or canister if you have one) Toilet paper and ziploc bags for packing out TP (<u>Watch How to Poop in the Woods</u>) Eco-friendly soap & water filter (optional; feel free to bring a filter if you prefer) Backpacking stove & fuel (optional; feel free to bring a stove if you prefer)