

# What To Bring

## Overnight Projects with Wildlands Restoration Volunteers

Use this checklist to pack for your upcoming overnight event. Due to the current COVID-19 situation, WRV will not be serving meals to reduce the risk of spread within the community. Please ensure that you pack accordingly to be self sufficient. Loanable gear is noted below next to the item. Contact your WRV Staff Liaison or our office at [info@wlrv.org](mailto:info@wlrv.org) at least one week prior to the event if you need to borrow any equipment.

### Required

- Personal Face covering- 1 per day
- Hiking boots or sturdy close toed shoes
- Long work pants and shirt
- 1-2 liters of drinking water
- Lunch and snacks
- Sunscreen
- Sunglasses (or eye protection) and Sun hat
- Work gloves
- Layers and rain gear
- Small backpack to carry it all

### Overnight Camping Items

- Backpacking Pack (*loanable*)
- Sleeping bag and Sleeping Pad (*loanable*)
- Tent and groundsheet (*loanable*)
- Headlamp (or small flashlight)
- Extra clothes and shoes for around camp (avoid cotton)
- Tooth brush/tooth paste
- Extra toilet paper and bags for disposing of TP
- Insect repellent
- Camp chair
- Extra personal water
- Personal First Aid Kit, medications and toiletries
- Eco friendly soap and water filter for Backcountry events

### Food/Cooking Items

**WRV has suspended food service for projects until further notice.** We will provide hot water and coffee/hot drinks. If you do not have your own cook stove, please contact your WRV Staff Liaison.

- Plate, Bowl, Mug & utensils
- Cooking pots, pot gripper (*shareable*)
- Stove, fuel and lighter/matches (*shareable*)
- All Personal food for Breakfast, Lunch/Trail snacks, Dinner and Dessert of course!
- Personal stuff sack to store all food and smelly items (Bear canister/rope will be provided by WRV).